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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast | Selection of cereals and toast | Selection of cereals and toast | Selection of cereals and toast | Selection of cereals and toast | Selection of cereals and toast |
| AM Snack | Crumpets and fruit | Breadsticks and fruit | Rice cakes and fruit | Fruit loaf and fruit | Banana pancakes and fruit |
| Lunch: | Chicken and veg curry, basmati rice and naan bread | Fish cakes, sweet potato bites and sweetcorn | Chicken and vegetable stew | Shepherds pie with seasonal vegetables | Mac and cheese with broccoli |
| Vegetarian option: | Vegetable curry, basmati rice and naan bread | Vegetarian cakes, sweet potato bites and sweetcorn | Vegetable stew | Quorn shepherds pie with seasonal vegetables | Mac and cheese with broccoli |
| Pudding: | Fruit salad | Banana bread | Fruit with natural yoghurt | Bananas and custard | fruit |
| Tea: | Beans on toast | Vegetable pastries | Jacket potato with cheese and beans | Cheese on toast with veggie sticks | Crumpets selection with jam and cream cheese |
| Vegetarian option: | Beans on toast | Vegetable pastries | Jacket potato with cheese and beans | Cheese on toast with veggie sticks | Crumpets selection with jam and cream cheese |
| Pudding: | Fruit | Fruit | Fruit | Fruit | Fruit |

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Breakfast: |  |  |  |  |  |
| AM snack: |  |  |  |  |  |
| Lunch: |  |  |  |  |  |
| Vegetarian option: |  |  |  |  |  |
| Pudding: |  |  |  |  |  |
| Tea: |  |  |  |  |  |
| Vegetarian option: |  |  |  |  |  |
| Pudding: |  |  |  |  |  |